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A semiconductor laser has an active region which includes at least a quantum well layer and upper and lower optical waveguide layers and is of $\mathrm{In}_x\mathrm{Ga}_{1-x}\mathrm{As}_y\mathrm{P}_{1-y}$ ($0 \le x \le 1$, $0 \le y \le 1$). Upper and lower AlGaAs cladding layers are formed on opposite sides of the active region. At least one of the optical waveguide layers is not smaller than $0.25\mu\mathrm{m}$ in thickness, and a part of the upper cladding layer on the upper optical waveguide layer is selectively removed up to the interface of the upper cladding layer and the upper optical waveguide layer.